


September 2024		Sierra High School							
Monday		Tuesday		Wednesday		Thursday			
2	<p><i>No School</i></p> <p><i>Labor Day</i></p>	3	<p><i>Breakfast</i> B.B. Muffin / Breakfast Bar Egg Cheese Muffin / Cereal Milk, Fruit, & Juice</p> <p><i>Lunch</i> Orange Chicken / Brown rice Mixed Veggies/Diced Peaches Spinach Salad/WG Roll Sliced Apples Milk</p>	4	<p><i>Breakfast</i> Fresh Berry Parfait/ Cereal Waffles/Egg Cheese Muffin Milk, Fruit & Juice</p> <p><i>Lunch</i> Pepperoni/Cheese Pizza Garden Salad/Green Beans Cantaloupe/Apple Milk</p>	5	<p><i>Breakfast</i> Breakfast Bar/ Cereal French Toast/Breakfast Pizza Milk, Fruit, & Juice</p> <p><i>Lunch</i> Teriyaki Beef Bowl Broccoli/ Salad/WG Roll Grapes / Pears Milk</p>	6	<p><i>Breakfast</i> Cinnamon Roll/Cereal Bar Mini Waffles/Cereal Milk, Fruit & Juice</p> <p><i>Lunch</i> Cheese Burger Baked French Fries Lettuce/Tomato/Pickles Diced Peaches/Apples Milk</p>
9	<p><i>Breakfast</i> Mini Pancakes/Cereal Oatmeal/Pancake Wrap Milk, Fruit, & Juice</p> <p><i>Lunch</i> Bean and Cheese Garden Salsa Chips/ Carrots Apple Sauce /Craisins Milk</p>	10	<p><i>Breakfast</i> Oatmeal/Cereal/Choc. Muffin Breakfast Bar Milk, Fruit & Juice</p> <p><i>Lunch</i> Rib-B-Qu Sandwich Cole Slaw/Baked Beans Peach Cup/Apple Milk</p>	11	<p><i>Breakfast</i> Fresh Berry Parfait/Cereal Mini Waffles/Egg Cheese Muffin Milk, Fruit & Juice</p> <p><i>Lunch</i> Pepperoni/ Cheese Pizza Green Beans/Garden Salad Apple/Strawberry Cup Milk</p>	12	<p><i>Breakfast</i> Breakfast Bar / Cereal French Toast/Breakfast Burrito Milk, Fruit & Juice</p> <p><i>Lunch</i> Turkey Or Ham Sandwich Raisins/Apple/Pasta Salad Lettuce/Tomato/Pickle Milk</p>	13	<p><i>Breakfast</i> Cinnamon Roll/Cereal Bar Bagel/Breakfast Round Milk, Fruit & Juice</p> <p><i>Lunch</i> Chicken Burger Baked French Fries Lettuce/Tomato/Pickle Raisins/Diced Peaches Milk</p>
16	<p><i>Breakfast</i> Mini Pancakes/Cereal Oatmeal/Pancake Wrap Milk,Fruit & Juice</p> <p><i>Lunch</i> Corn Dog/Sun Chip Raisins/Apple Carrots/Garden Salad Milk</p>	17	<p><i>Breakfast</i> Apple Cinn. Muffin/ Breakfast Bar /Egg Cheese Muffin/Cereal Milk,Fruit & Juice</p> <p><i>Lunch</i> Orange Chicken/Brown Rice Mixed Veggies/Diced Peas Spinach Salad/WG Roll/Plum Milk</p>	18	<p><i>Breakfast</i> Fresh Berry Parfait/Cereal Breakfast Pizza/ Waffles Milk,Fruit & Juice</p> <p><i>Lunch</i> Pepperoni/Cheese Pizza Garden Salad/Green Beans Apricot Cup/Banana Milk</p>	19	<p><i>Breakfast</i> Breakfast Bar/Cereal French Toast/Breakfast Burrito Milk,Fruit & Juice</p> <p><i>Lunch</i> Chicken Fajita/Spanish Rice Apple Sauce/Strawberry Cup Blk.Beans / Garden Salad Milk</p>	20	<p><i>Breakfast</i> Cinnamon Roll/Cereal Bar Breakfast Round/Cereal Milk,Fruit & Juice</p> <p><i>Lunch</i> Cheese burger Baked French Fries Lettuce/Tomato/Pickle Cantaloupe/Peach Cup Milk</p>
23	<p><i>Breakfast</i> Mini Pancakes/Cereal Oatmeal/Pancake Wrap Milk, Fruit & Juice</p> <p><i>Lunch</i> Mini Cheese Burger/Sun Chip Spinach Salad/Peach Apple Sauce/Carrot Milk</p>	24	<p><i>Breakfast</i> Bagel/Breakfast Bar Egg&Cheese Muffin/Cereal Milk, Fruit & Juice</p> <p><i>Lunch</i> Nachos with Cheese Cups Refried Beans/Spanish Rice Watermelon/Raisins Milk</p>	25	<p><i>Breakfast</i> Fresh Berry Parfait/Cereal Mini Waffles/Breakfast Pizza Milk, Fruit & Juice</p> <p><i>Lunch</i> Pepperoni/Cheese Pizza Green Beans/Salad Strawberry Cup/Banana Milk</p>	26	<p><i>Breakfast</i> Mini Waffles/Cereal French Toast/Breakfast Burrito Milk, Fruit & Juice</p> <p><i>Lunch</i> Chicken Drumstick/Rice Pila Peas/WG Roll/ Apple/ Diced Peaches Milk</p>	27	<p><i>Breakfast</i> Cinnamon Roll/Cereal Bar Breakfast Round/Cereal Milk, Fruit & Juice</p> <p><i>Lunch</i> Chicken Burger/Baked Fries Lettuce/Tomato/Pickle Strawberry Cup/Apple Milk</p>
30	<p><i>Breakfast</i> Mini Pancakes/Cereal Oatmeal/Pancake Wrap Milk,Fruit & Juice</p> <p><i>Lunch</i> Grilled Cheese Garden Salad/Carrot Cranberries/Apple Sauce Milk</p>		<p><i>Tuesdays & Thursdays</i> <i>*Box Salads & Wraps*</i></p>		<p><i>USDA is an Equal</i> <i>opportunity employer.</i></p>		 <p><i>Menu Subject to change.</i></p>		